

6/2/2019

## 2019 Elkford Triathlon Bike Times

### Individual X-Sprint 20K

<b>Name</b>	<b>Bib#</b>	<b>Time</b>	<b>Category</b>	<b>Cat/PI</b>	<b>Pace Km/H</b>
1. DOEY, BRUCE	283	00:51:07.05	XSPRT30-39M	1/1	23.48
2. PODEMSKI, ELLISA	284	00:53:53.98	XSPRT40-49F	1/2	22.26
3. MASSEY, DAN	287	00:54:34.22	XSPRT50-59M	1/1	21.99
4. LUCK, TARREN	281	00:56:26.33	XSPRT20-29M	1/1	21.26
5. LARSON, ROB	286	01:00:15.00	XSPRT40-49M	1/1	19.92
6. SSKA, LINDSAY	282	01:00:53.67	XSPRT30-39F	1/1	19.71
7. VORONINA, LYUDMYLA	285	01:18:24.40	XSPRT40-49F	2/2	15.30