

2019 Elkford Triathlon

Run Times/w Pace

Individual Sprint 5K

O/A	Name	Bib#	Swim Time	Category	Cat/Pl	Pace/KM
2.	ROBDRUP, DANNY	258	00:18:49.09	SPRT30-39M	1/6	03:45
5.	WHITING, DANIEL	260	00:19:58.91	SPRT30-39M	3/6	03:59
1.	MAUDIE, BOB	265	00:20:03.69	SPRT40-49M	1/2	04:00
6.	FREHLICH, HEIDI	231	00:21:20.79	SPRT19&UF	1/1	04:16
13.	ARTHUR, NICOLE	261	00:22:27.93	SPRT40-49F	1/3	04:29
8.	SUTHERLAND, JEFF	259	00:23:11.19	SPRT30-39M	4/6	04:38
3.	MCDONALD, DANIEL	256	00:23:13.90	SPRT30-39M	2/6	04:38
20.	GAGNON, COLLEEN	270	00:24:31.25	SPRT60+F	2/5	04:54
7.	RANKINE, LAURA	249	00:24:31.81	SPRT30-39F	1/8	04:54
19.	JUELL, DAVIS	242	00:26:02.06	SPRT20-29M	2/3	05:12
10.	SCHEBESCH, TIFFANY	239	00:26:04.65	SPRT20-29F	1/7	05:12
12.	SIMPKIN, DEVIN	244	00:26:24.07	SPRT20-29M	1/3	05:16
4.	HARRINGTON, MIKE	264	00:26:36.96	SPRT40-49M	2/2	05:19
15.	FRANCOEUR-LEBLOND, NICOLAS	255	00:26:39.40	SPRT30-39M	6/6	05:19
25.	FORNWALD, RACHELLE	234	00:26:40.84	SPRT20-29F	5/7	05:20
24.	BADGERY, EMMA	233	00:26:43.48	SPRT20-29F	4/7	05:20
32.	KOELMA, MATT	243	00:26:51.78	SPRT20-29M	3/3	05:22
9.	PAGE-SHINER, IAN	257	00:26:58.07	SPRT30-39M	5/6	05:23
18.	LEMIEUX, STEPHANIE	263	00:27:13.89	SPRT40-49F	2/3	05:26
23.	TAPHORN, ANTHONY	232	00:27:14.46	SPRT19&UM	1/1	05:26
21.	HUGHES, MADDY	236	00:27:40.90	SPRT20-29F	3/7	05:32
36.	HOOGSTRATEN, LAURA	235	00:29:25.86	SPRT20-29F	7/7	05:53
14.	JOHANCSIK, ANDREA	237	00:29:48.18	SPRT20-29F	2/7	05:57
17.	ATHERTON, KEVIN	266	00:29:54.08	SPRT50-59M	1/1	05:58
30.	INMAN, JAMIE	247	00:29:58.63	SPRT30-39F	5/8	05:59
26.	SULLIVAN, FARREN	241	00:30:02.26	SPRT20-29F	6/7	06:00
16.	DECKER MASON, COLLEEN	245	00:30:06.84	SPRT30-39F	2/8	06:01
11.	FLEMMING, SUE	269	00:30:15.60	SPRT60+F	1/5	06:03
29.	DORATTY, STEPHANIE	246	00:30:41.49	SPRT30-39F	4/8	06:08
37.	JERIA, NICOLE	248	00:31:36.34	SPRT30-39F	8/8	06:19
22.	ROGERS, LINDA	272	00:32:19.08	SPRT60+F	3/5	06:27
28.	TOGO, KRISTY	251	00:32:26.17	SPRT30-39F	3/8	06:29
27.	CREELMAN, MELISSA	262	00:32:41.55	SPRT40-49F	3/3	06:32
31.	USHER, SAM	252	00:34:34.37	SPRT30-39F	6/8	06:54
34.	MURPHY, COLLEEN	271	00:38:34.87	SPRT60+F	5/5	07:42
35.	ZIMMER, NICKI	253	00:43:42.60	SPRT30-39F	7/8	08:44
33.	BERGMAN, KAREN	268	00:47:50.13	SPRT60+F	4/5	09:34
38.	JORDAN, WILLIAM C.	273	01:04:13.85	SPRT60+M	1/1	12:50