

Overall Results

X-Sprint Individual 750M - 20K - 5K**5 Finishers**

Name	Bib#	Category	Finish	Swim	O/A	Pace/100M	Bike	O/A	Pace K/H	Run	O/A	Pace/Km	City
1. LOURENS, TIAAN	183	XSPRT30-39M	01:25:29.12	00:20:52.37	3	02:46	00:44:11.68	1	27.15	00:20:25.07	1	04:05	ELKFORD
2. ENGELHARDT, JULIE	184	XSPRT40-49F	01:32:00.52	00:16:12.14	1	02:09	00:52:55.47	3	22.67	00:22:52.91	2	04:34	COLEMAN
3. LÉVESQUE, TIMOTHÉ	181	XSPRT20-29M	01:34:49.89	00:18:35.92	2	02:28	00:52:16.97	2	22.95	00:23:57.00	3	04:47	SPARWOOD
4. SNEA, LINDSAY	185	XSPRT40-49F	01:53:59.36	00:21:35.15	4	02:52	01:06:38.47	4	18.01	00:25:45.74	5	05:09	FERNIE
5. JACYSZYN, PHILIP	182	XSPRT30-39M	01:58:12.83	00:25:58.73	5	03:27	01:06:58.31	5	17.92	00:25:15.79	4	05:03	ELKFORD