

05/28/2023

2023 Elkford Triathlon Run Times/w Pace

Individual X-Sprint 5K

O/A	Name	Bib#	Swim Time	Category	Cat/Pl	Pace/KM
1.	LOURENS, TIAAN	183	00:20:25.07	XSPRT30-39M	1/2	04:05
3.	ENGELHARDT, JULIE	184	00:22:52.91	XSPRT40-49F	1/2	04:34
2.	LÉVESQUE, TIMOTHÉ	181	00:23:57.00	XSPRT20-29M	1/1	04:47
5.	JACYSZYN, PHILIP	182	00:25:15.79	XSPRT30-39M	2/2	05:03
4.	SNEA, LINDSAY	185	00:25:45.74	XSPRT40-49F	2/2	05:09